

## EncircleRx Diabetes Program FAQ

### What medications are included?

Diabetes medications under the GLP-1 classification (e.g. Adlyxin, Bydureon BCise, Mounjaro, Ozempic, Rybelsus, Trulicity, Victoza)

### What do I have to do to fill my prescription?

For diabetes medication to be covered, you must obtain a prior authorization. To obtain a prior authorization, your provider must submit your medical data/test results certifying to Express Scripts (ESI) your type 2 diabetes diagnosis.

### What type of medical data is required to obtain a prior authorization?

To obtain prior authorization, the medical data submitted must show one of the following:

- Hemoglobin A<sub>1c</sub> (HbA<sub>1c</sub>):  $\geq 6.5\%$
- Fasting plasma glucose (FPG)  $\geq 126$  mg/dL
- 2-hour plasma glucose (2-h PG)  $\geq 200$  mg/dL
- Type 2 Diabetes diagnosis code

Please note that if the prior authorization request is for Adlyxin, Byetta, Mounjaro, Ozempic or Rybelsus, the patient must be at least 18 years of age. If the prior authorization request is for Bydureon BCise, Trulicity or Victoza, the patient must be at least 10 years of age.

### I already have a prior authorization; how will this impact me?

If you are already taking this medication and have a prior authorization on file at ESI, your medical provider will be required to submit documentation mentioned above once your current authorization expires – you can check to see when this will be by logging into your ESI account ([www.express-scripts.com](http://www.express-scripts.com)) or calling ESI at (800) 282-2881.

### Who do I reach out to for additional questions?

If you have additional questions about the EncircleRx diabetes program or your coverage, you can reach out to Express Scripts via the number provided on your prescription ID card.

# EncircleRx Weight Management Program FAQ

## What medications are included?

Weight management medications under the GLP-1 classification (e.g. Wegovy, Zepbound)

## What do I have to do for my prescription to be covered?

Beginning January 1, 2025, you must enroll in the Omada lifestyle modification program (available at no cost to you) and obtain a new prior authorization from Express Scripts (ESI). Please note that any current authorization you may have will be automatically ended on **December 31, 2024**.

## What is Omada?

Omada is a virtual chronic care provider partnered with Express Scripts. They are experts in weight loss and obesity disease management, allowing you to work closely with a health coach. You will work with a virtual care team who will help you reach your goals through one-on-one health coaching, specialist support and smart devices. Your Omada membership is required, and free to you, if you meet the eligibility requirements above and are prescribed a medication for weight loss.

## When can I enroll in the Omada lifestyle modification program?

You can enroll in Omada starting **December 1, 2024** - you cannot enroll prior to this date as the program will not be in place.

Once enrolled, you will receive a message from your Omada coach within the Omada portal/app to introduce themselves and a scale will be shipped to you. If you are already enrolled in Omada, there is nothing additional for you to do except maintain active engagement and weigh-ins for future refills.

## How do I enroll in Omada?

- 1) Log into Express Scripts (ESI) portal at [omadahealth.com/esi](https://omadahealth.com/esi) to get your Omada access code. If you do not have an ESI login, you can register by clicking the Register Now button on the log in screen or by visiting [express-scripts.com/frontend/registration-ui/#/welcome](https://express-scripts.com/frontend/registration-ui/#/welcome). Note: If you are newly prescribed a GLP-1 medication between now and the end of the year, you may need to request an access code from Omada in order to enroll.
- 2) Once logged in, please select the Health Solutions Tab at the top. Here you will find information on the Omada program(s) available to you as well as your Omada Access Code and enrollment link.
- 3) If you have trouble enrolling, you can reach out to Omada at [support@omadahealth.com](mailto:support@omadahealth.com).

## How do I obtain prior authorization?

To obtain a prior authorization under the new EncircleRx program, you must have your provider submit documentation to ESI on/after January 1, 2025, supporting a body mass index (BMI) of 32 or higher – **or** a BMI of 27 to 31, along with two weight-related health issues\*.

\*Weight-related issues:

- Asthma
- Chronic obstructive pulmonary disease
- Coronary artery disease
- Heart disease
- High blood pressure
- High cholesterol
- Non-alcoholic fatty liver disease
- Obstructive sleep apnea
- Osteoarthritis of the knee
- Polycystic ovarian syndrome
- Type 2 diabetes

## What is BMI?

BMI is body mass index; it is a measure of your body composition based on your height and weight. Your doctor can tell you what your BMI is and will need to provide the required documentation to ESI.

I have been on weight-management medication which has lowered my BMI. Will I still qualify for coverage now that my BMI is lower than the threshold?

ESI will use your baseline BMI, your BMI when you started the medication, to determine if you meet the requirement. Be sure your provider submits your baseline BMI as part of the prior authorization process.

## When will I get my prescription?

Once you have enrolled in Omada and your prior authorization (obtained on/after January 1, 2025) has been approved, your medication will be available to be filled at your in-network pharmacy.

## What do I have to do for my refills to be covered?

You must complete at least 4 weigh-ins and 4 engagements on the Omada app every month. Examples of engagement include connecting with your personal coach for lessons and tips, receiving motivation from a peer group/online communities, and accessing tools to support you in achieving long-term weight goals.

## What happens if I don't meet the monthly requirements for the Omada program?

Your refill will not be covered until you complete the requirement – even if it takes you beyond your next scheduled refill. It is recommended that you weigh-in and complete an engagement every week to avoid this from happening. You will be able to get your medication as soon as you complete the missing requirement(s).

## What happens when my initial prior authorization under this new program expires?

Your initial prior authorization (obtained on/after January 1, 2025) will be active for 7 months for Wegovy and 8 months for Zepbound. To obtain the next prior authorization you must have lost 5% of body weight from your original weigh-in. Your prescriber will need to submit documentation verifying the percentage loss. Subsequent authorizations will not have the body weight loss requirement – however, you will need to remain engaged in the Omada program.

## Who do I reach out to for additional questions?

If you have additional questions specifically about the Omada program, you can contact Omada via their email [support@omadahealth.com](mailto:support@omadahealth.com) or communicate directly with them via the app if you are already enrolled.

If you have additional questions about the EncircleRx weight management program or your coverage review, you can reach Express Scripts via the number provided on your prescription ID card.

# ENCIRCLERx WEIGHT MANAGEMENT PROGRAM MEMBER JOURNEY

1

## Physician prescribes GLP-1

Your doctor prescribes a weight management medication under the GLP-1 classification

2

## You enroll in Omada

Sign up for the Omada lifestyle modification program and receive a scale delivered to your home

3

## Physician submits BMI documentation

Your doctor submits required Prior Authorization material to Express Scripts: BMI > 32 or 27-32 with two weight-related conditions

4

## Prescription ready for pickup

Once steps 2 and 3 are complete, your prescription can be filled at your in-network pharmacy

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## Maintain engagement with Omada

Refills of your GLP-1 prescription will be available as long as you continue active engagement with Omada and get prior authorization renewals at regular intervals

6

## Prior Authorization renewal (every 7-8 months)

You must lose 5% of your body weight for your first renewal only

5

## Continue engagement with Omada

You must weigh-in 4x/month and engage with the Omada app 4x/month to receive refills on your GLP-1 prescription

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## Discontinue GLP-1 medication

You can discontinue the medication at a time that is deemed right by you and your physician